



nami Basics

National Alliance on Mental Illness



For Any Parent or Family Caregiver of a Child or Adolescent Living with Mental Illness

NAMI Basics offers education and support. Taught by parents who have lived similar experiences with their own children, NAMI Basics is an educational program that provides learning and practical insight for families. NAMI Basics is presented in six, 2-1/2 hour sessions at no cost to participants.

Course elements include:

- * The trauma of mental illness for the child and the family
- * The biology of mental illness
- * Getting an accurate diagnosis
- * An overview of treatment options -- treatment works
- * The latest research on the medical aspects of the illness and advances in treatment
- * The impact of a child's mental illness on the rest of the family -- caregivers and siblings
- * Overview of the systems involved in caring for children and teens -- school, juvenile system, community health

To register or find out more information please visit: www.namifonddulac.org - email basicsfdl@gmail.com - or call 920-979-0512. Pre-registration is required.

Tuesdays (6:30 pm to 9:00 pm)
February 13 - March 20
21 E. 2nd St. Ste 104, Fond du Lac

*NAMI Fond du Lac Basics program is supported by the
Fond du Lac United Way*