

Mental Health and Suicide:

A Family's Story

Presented by NAMI & FDL Public Library



Monday, September 8
6 pm in the McLane Room

Sue Mitchell Metz, executive coordinator
of NAMI Fond du Lac, will share her
lived experience following the death
of her son by suicide.



Learn more about
mental health, mental illness,
addiction, and suicide. Learn
about the warning signs of suicide & more



Fond du Lac Public Library
920-929-7080 • fdlpl.org

Main Library: 32 Sheboygan St.
Buechel Branch: By Festival Foods

